

2016 CIT Guide

www.campresolute.org



We would like to invite you to join us this summer for an adventure of a lifetime. Whether you enjoy paddling a canoe across a crystal-clear pond, listening to bugle sounds as Old Glory climbs to the top of the flagpole, reelin' in a bass, a bulls-eye at the archery range, a delicious dutch oven dessert, stretching for the next rock on the climbing wall, soaring spirits around the campfire, or a leisurely stroll along our hiking trails, Camp Resolute has something for you. This picturesque 325 acre property has become one of America's premiere Scout Camps. The key to success of Camp Resolute is dedication to each Scout. Flexibility is our word to live by and we deliver the finest program available for your youth.



The keys to the ongoing success of Camp Resolute are great facilities, great food and an outstanding staff that is dedicated to your Scout. Flexibility, caring and dedication are critical as we deliver the finest program available for Scouts.

Have Questions? We've Got Answers!

- www.campresolute.org Our web site has extensive information on it including this entire guide and more.
- 2) Scoutmaster Your troop's Scoutmaster has the answer to many of your questions or concerns. In many cases he or she is an experienced Resolute camper.
- 3) E-mail The e-mail address of Camp Resolute is wedomore@campresolute.org. The Camp Resolute Director Rick Riopelle's e-mail address is rick@campresolute.org.
- 4) Telephone The Council Office can be reached at 508-872-6551. After June 26, call Camp Resolute directly at 978-779-2777.
- 5) Mail Our Council Office address is Knox Trail Council, 2 Mt. Royal Ave Suite 100, Marlborough, MA 01752. Our camp address is Camp Resolute, 75 Hudson Road, Bolton, MA 01740.

Overview of the CIT Program

CITs are campers first at Camp Resolute. You are there to learn the skills that are needed of good staff members, as well as useful leadership and teaching skills to help you succeed outside of scouting. Days will be spent divided between classroom training sessions, practical in-the-field trainings, and our usual fun camp activities.

Participants in our first year CIT section will primarily involve themselves in learning the roles that staff fulfills in camp, familiarizing themselves with the various areas of Camp Resolute and Cub Adventure Day Camp, and practicing teaching and presentation techniques. As the program progresses, more time is spent in the areas observing and practicing skills taught earlier in the three-week session.

The second year CIT session helps to expand upon skills taught previously while also providing greater opportunities to help teach sections of



merit badges and further detail the skill sets that we look for. The final week of the CIT program allows them to get direct hands on experience with the responsibilities of a staff member by assisting our Webelos Overnight Week as a den chief, supporting the adult leaders.

General Information

Check-In

CITs should be assemble for Check-In at 1:00pm. Meet in the camp parking lot and look for Troop 244 all members will enter camp together promptly at 1:00 p.m. (no sooner please!). The formed troop will then proceed to its campsite after the gate is opened at 1:00 p.m. Vehicles should be parked in parking lot areas only. No private vehicles will be allowed on the camp road. Exceptions for disabled persons can be arranged in advance with the Reservation Director.

Family members are welcome to accompany troops to their campsites and help settle their Scouts in. Please no animals. Most family pets are not accustomed to the volume of people and the level of activity that a camp of our size generates. For the safety of your pet and others at camp, please leave your pets at home when you bring your Scout to camp.

CITs arriving after their troop has entered camp should report to the Administration Building (first building on the right after passing through the gate) to be checked in and escorted to their troop's location.

Check-Out

Parents and family members are encouraged to attend closing activities that include the Chicken Barbecue (5:30 p.m. Friday night), followed by a Formal Parade and Retreat and the closing campfire...a memorable ending to a memorable week at camp. Folks leaving early will miss awards, Honor Camper Awards and Scout achievement awards which are distributed at the campfire.

Check with your CIT's Director to find out how to obtain your son's personal gear. He/she should be able to tell you where it is, how, and when to get it. Please make sure that your CIT is being met by you or knows how he is getting home. We are not able to provide supervision for individual CITs overnight after the campfire.

Emergencies, Visitors, and Scouts Leaving Camp

Parents/guardians picking up CITs during the week should do so by checking in at the Administration Building. All CITs leaving must be signed out by one of their Director. A CIT will not be dismissed from camp until one of his Directors sign him out in the Administration Building. This process lets the Director and the Camp know WHO picked up the CIT and when the CIT left camp. Other than in a sudden emergency, your CIT Director should know about the departure in advance and should have your son ready to be picked up at the time you have requested. Upon his return, your CIT must check back in at the Administration Building and will be returned to the care of his Unit Leader. Special instructions or limitations must be presented to the camp director in writing.

All visitors during the week (excluding during Sunday check-in and Friday closing activities) must check in at the Administration Building and receive a Visitor badge which must be returned upon check out and departure. In the event of a home emergency, please contact your CIT by calling the Administration Building. Please do not contact or remove your Scout from camp without notifying the Administration Building!

CAMP OFFICE/EMERGENCY NUMBER: (978) 779-2777

All serious medical emergencies will be treated at the UMass Marlboro Hospital and



parents/guardians will immediately be notified by the Health Officer, Camp Director, or his designee.

Telephone

Camp Resolute's phone number for incoming calls is (978) 779-2777. Please keep in mind that this is primarily a business phone, for the use of the camp administration. Non-emergency messages will be taken and delivered to the CIT's Unit Leader at the next mealtime. CITs are strongly discouraged from phone use, and must have a note from their Scoutmaster to place a call. Outgoing calls must be made collect or with a calling card. Please do not send cellular phones to camp.

Mailing Address

Parents can send mail to their CIT while he is at camp, it is recommended to send mail early in the week or even prior to the week to make sure it arrives in camp prior to the CIT's departure on Friday. Send mail to:

Your CIT's Name CIT Camp Resolute 75 Hudson Road Bolton, MA 01740



Refunds

There is a non-refundable cancellation fee of \$50 for each registered program or session. After June 1st refunds are issued for valid medical reasons only. All refund requests must be made in writing no later than August 31; after that date no refund requests will be considered.

Safety and Compliance

Our primary concern is the safety and well-being of every camper. Our camp follows all safety and risk management guidelines set by the Boy Scouts of America, the local, state and federal boards of health, and the American Camp Association, a national camp organization that sets high standards for both the health and safety of campers and staff, and the delivery of quality programs. All camps in Massachusetts must comply with regulations of the Massachusetts Department of Public Health (105 CMR 430.000). In addition, the Bolton Board of Health licenses our camp.

As required by MA DPH 105 CMR 430:190 (C) and (D), these our camp must comply with regulations of the Massachusetts Department of Public Health and be licensed by the local board of health. Parents may request copies of background checks, health care and discipline policies, as well as procedures for filing grievances.

American Camp Association (ACA) accreditation means that the Camp Resolute cares enough to undergo a thorough annual review of its operation—more than 250 standards from staff qualifications and training to emergency management. ACA collaborates with experts from the American Academy of Pediatrics, the American Red Cross and other youth service agencies to assure that current practices reflect the most upto-date, research-based standards in camp operation. A health officer staffs the camp health lodge and a local physician is on call.

Medical Forms

Every adult and Scout in camp MUST have a completely filled out medical form on file in the Health Lodge in order to stay at Camp Resolute.

All campers are required to have a physical examination within 12 months prior to arriving at camp. All medical forms must be completed and signed by a physician each year (including immunization update) and brought to camp on your first day. In addition, the immunization record for each camper, youth or adult, must include the following vaccines: Hepatitis B for all children born after December 31, 1992 (3 doses are required); Diphtheria, Tetanus Toxoids and Pertussis (at least 4 doses); MMR (2 doses or proof of laboratory evidence of immunity) and Polio (3 to 4 doses depending on the type). Your physician must sign the camp medical form — no signed attachments

will be accepted. Make certain that both the parent's signature and physician's signature sections are filled out and a copy of the health insurance card is attached to the form. Medical forms are available online.

All medical forms must be retained by camp, so please make any copies you might need for other activities. Units with Christian Scientist members will need to provide a special medical form, located at campresolute.org, pertaining to their faith's medical policies.

Medications

State regulations cover the storage and dispensing of medications. All medication must come to camp in the original containers and be stored by the health officer in locked compartments in the camp health lodge. Exceptions to storage by the health officer are authorized for medications for treatment of allergies and asthma. Questions about these medications should be raised with the camp prior to the child's arrival. To ensure a smooth transition, we recommend that your child continue the medications he needs during the school year at summer camp. If prescription medications are brought to camp, the container must have a pharmacy label showing the prescription number, patient's name, date filled, physician's name, name of medication and directions for use. This information must also be on the camp medical form. Any camper coming to camp with a prescription Epi-pen or inhaler must bring two of either, one for the health lodge and one for the unit. The health officer dispenses medication according to the directions. If a camper refuses to take prescribed medications, this refusal is documented in the health log and the parent/guardian is notified.

Health Care Consultant

The health care consultant (HCC) is a licensed physician. The HCC assists in the development of the camp's health care policy; develops and signs written orders for the health care supervisor; and is available for consultation at all times. The health care consultant is not present at camp.

Health Officer

A health supervisor, who is at least 18 years of age and is present at the camp at all times. The health supervisor shall be a Massachusetts licensed physician, physician assistant, nurse practitioner, registered nurse, licensed practical nurse The health officer is, by regulation, present at the camp at all times and is, at a minimum, a Massachusetts licensed physician, physician assistant, nurse practitioner, registered nurse, or licensed practical nurse. The health care consultant authorizes the health officer to be in charge of health matters at camp on a day-to-day basis and to dispense medications.



Health Care Policy

Complete health care policy for Camp Resolute is available to a parent or guardian upon request to Knox Trail Council, Program Service Center, 75 Hudson Road, Bolton, MA 01740.

Care of Mildly III Campers

Each camper or staff member is responsible for reporting any signs of illness to the health officer (HO), who assesses each situation. The HO may administer over-the-counter medications he/she believes are warranted if they are authorized by the parent/guardian. If the HO determines the child should be sent home or seen by the health care consultant, he/she informs the reservation director and arrangements are made. In both situations, the parent/guardian is contacted as soon as possible.

Care of Campers who have an Illness/Accident at Camp

Parents/guardians will be notified as soon as possible should a camper be taken to the doctor's

office/hospital for an injury or health condition and if medication has been prescribed by the camp's health care consultant. The health officer or reservation director will notify parents/guardians of any persistent conditions or ailments.

Parents/guardians should notify their doctor and health care provider of any health condition or accident/injury occurring at camp for follow-up visits and billing purposes.

Massachusetts Department of Public Health

At the request of the Department of Public Health we have included a fact sheet on Meningococcal disease on our Camp Resolute website. Campers attending a resident camp are not considered to be at an increased risk. The United States Centers for Disease Control, Massachusetts Department of Public Health and the Knox Trail Council encourage everyone to be safe outdoors. Diseases associated with ticks and mosquitoes are growing threats in Massachusetts. When outdoors, please take necessary precautions as suggested by the Centers for Disease Control.

CDC Camping Health & Safety
CDC EEE Info
CDC Tick

This camp must comply with regulations of the Massachusetts Department of Public Health and be licensed by the local board of health.

Allergies

Please ensure that the adult leadership going to camp has familiarized themselves with your Scout's medical form. Camp leaders must be familiar with any allergies or special health conditions. Ensure that they are marked clearly on each Scout's medical form.

Special Requirements Including Diet

If your son has special requirements that you would like to discuss privately with the Health Officer please notify us as soon as possible and we will work with you on any concerns you may have regarding your son's stay at camp.

The menus at camp are well balanced meals approved by a dietician. We will also work with you to address any reasonable dietary restrictions

and/or food allergies. Please make sure that these are indicated on his health form and are shared with the Unit Leader.

Alcohol & Drugs

Alcoholic beverages, illegal drugs or illegal use of prescription drugs are not permitted in camp. Anyone found to be in possession of or under the influence of such will be asked to leave camp. Legal prescription drugs must be stored at the Health Lodge.

Firearms/Archery Equipment

Personal .22 rifles, handguns and archery equipment are not permitted in camp. Please leave them at home.

Other Prohibited Items

In addition to items outlined above, the following items are prohibited in camp: sheath knives, aerosol bug spray, pets, fireworks, and chain saws.

Insects & Animals

There are insects such as mosquitoes at camp. We encourage Scouts to bring non-aerosol bug spray and long clothes to wear in the evenings. There are also small animals such as squirrels, raccoons, etc. and we discourage Scouts from keeping any food items at all in their tents. Talk to your Unit Leader about care packages or snacks prior to your arrival at camp.

Pocket Money and Other Costs at Camp

It is recommended that a CIT bring pocket money to camp to use for merit badge or program materials and for purchases at the Trading Post. A CIT should consult with his parents to determine what materials are needed for selected merit badges and how much money will be needed. Refer to the appropriate Merit Badge.

Trading Post

Camp Resolute's Trading Post maintains a wellstocked camp store to serve everyone who is staying, or just visiting in camp. Items include



Scouting literature, Merit Badge Books, mosquito nets, camp t-shirts, hats, patches, mugs, cold drinks, snacks, and program materials such as basket kits, seat kits, craft kits, and gimp required for completion of certain merit badges.

Tired of Camp Laundry?

New this year!! Disposable bed linens! That's right, disposable! New this year in our trading post, Laundry-Free Linens® are INNOVATIVE sheets that may be used up to 2 WEEKS and discarded or COMPOSTED instead of laundering. For more information go to www.campresolute.org.

Lost and Found

Lost and found will be maintained in the Administration Building. Please check through it on your way out of camp and reclaim your Scout's "treasures." We can not be responsible for items lost or stolen at camp. We cannot keep lost items for the entire summer. Please contact the camp as soon as possible in regard to lost items.

Uniforms

The Official BSA field uniform is required to be worn by all Scouts and adults during the evening meal, flag ceremonies, formal retreats, and CIT photographs. This consists of a BSA cap, a Scout shirt (short or long sleeved), trousers or shorts socks, a belt and shoes. Neckerchiefs are optional. Order of the Arrow members are encouraged to bring their sash for the weekly OA day.

A Scout is Reverent

Camp Resolute offers a weekly Scout's Own vespers service which is open to all Scouts and

leaders. We also provide a chapel for quiet reflection.

Showers

There are two shower houses for CITs at camp. There is plenty of hot water and opportunity for CITs to maintain good personal hygiene during their stay in camp. Each campsite is also equipped with a latrine and hand washing facilities. A CIT is clean.



Visitor's Day and Chicken B.B.Q

Friday evening is for parents and visitors. Parents and visitors (please leave pets at home) are invited to the camp after 2:00 p.m., but should plan to arrive no later than 5:30 p.m. to share the Friday evening experiences with their CIT. Parents are invited and encouraged to attend the chicken barbecue and the evening campfire. This is where your CIT gets a chance to have fun, show off some of the songs he has learned during the week, and possibly receive some well earned recognition for his or his troop's efforts. We invite you to join us at 5:00 p.m. on Friday for our chicken barbecue. You may purchase your tickets directly from the camp on Sunday. Tickets are sold at the Trading Post. All parents and family members are encouraged to attend. Your CIT will be glad to see you and share his experiences with you. CITs and leaders in camp are free.

COST: \$7.00 for Adults, \$5.00 for children 5 to 10 years old and under 4 years old are free. Add \$2 for any tickets purchased after arrival Sunday.

Discipline

Campers attending Camp Resolute are expected to maintain appropriate behavior at all times. Respect for all members of the camp community and Resolute facilities is expected at all times. All discipline shall have as its intent the modification of behavior to within acceptable parameters. Discipline shall be limited to counseling, close supervision/monitoring, and restriction from

selected activities. At no time will discipline be administered by a staff member under 18 years of age unless the actions in question pose a safety hazard to the offender or another individual. Then action appropriate to remedy the situation may be employed. Discipline shall be constructive or educational in nature, and may include such measures as diversion, separation from problem situations, talking with the camper about the situation, or praise for appropriate behavior.

Prohibitions:

- Corporal punishment, including spanking, is prohibited;
- No camper shall be subjected to cruel or severe punishment, humiliation, or verbal abuse:
- No camper shall be denied food or shelter as a form of punishment;
- No child shall be punished for soiling, wetting or not using the toilet.

The reservation director reserves the right to dismiss a camper when, in the director's judgement, the camper's behavior interferes with the rights of others, prevents the smooth functioning of a group or activity, or violates the camp's principles of conduct.

Be Prepared for These Special Weekly Events

Monday Aquatics Meet

This event is held weekly on Monday. From Canoe Swamping to relay races, this is one event guaranteed to get you soaked! Come on down for this patrol led competition and see who is the best patrol of the water! The meet is dedicated to the memory of George W. P. Magee for the support his memorial trust provides to the Boy Scout camps of Massachusetts Boy Scout Councils!

Order of the Arrow Day

On Wednesdays all OA members are asked to wear their sashes to dinner and to partake in the special event(s) taking place. There will also be an opportunity for eligible

Ordeal Members to seal their membership in the lodge by completing their Brotherhood (Knox Trail Council members only). Make sure that if you are an OA member you're 'prepared' to participate in this event.

Wednesday Resolute Games

Form patrols and compete against other troops to see which will come out the leader.

Camp Resolute Alumni Association



The purpose of the Camp Resolute Alumni Association (CRAA), as part of the Knox Trail Council, is to establish a social and professional network of past

and current staff and adult leadership from all areas of the reservation, as well as friends of the camp, to support current camp staff, assist camp and council leadership with capital programs on the reservation, and to support promotion of E. Paul Robsham Jr. Scout Reservation – Camp Resolute and the Cub Adventure Day Camp. The Camp Resolute Alumni Association (CRAA) was founded in 2009 and is open to staff, leaders, and campers 18 years of age and older. The CRAA is credited with providing WiFi to the dining hall, picnic tables, the camp map at the gate, LCD projector in the dining hall, waterfront lighting and flagpole illumination. The CRAA has also pledged funds to future construction and signage projects at camp.

If you care about the future improvement of Camp Resolute and the Cub Adventure Day Camp, consider joining the CRAA today! Visit us on www.campresolute.org/alumni to join. Follow us on Facebook – Camp Resolute Campfire, and look for information about our 2015 family reunion this summer!

George W. P. Magee Memorial Trust

Have you ever noticed how many of our facilities have "Magee Foundation" signs and wonder "who is Magee"? George W. P. Magee was a theatrical agent and manager who most notably managed Boston's Grand Opera House from the 1890s through 1916. Being very involved in the

community, he saw Scouting as a program making significant positive impact on the lives of young men. He turned this belief into a permanent commitment to Scouting, by establishing a trust upon his death. The trust benefits Massachusetts Boy Scout Councils only, and distributes over \$210,000 annually for the improvement of camp programs and infrastructure. In honor of his contribution to our camp, Aquatics Meet is

dedicated to Mr. Magee and

all that he and his foundation have done in support of our camp. Cake served during week 5 will be in celebration of George Magee's birthday on August 6^{th} .



Pre-Camp Merit Badge Requirements

| Merit Badge Prerequisite Reco | | Recommended For | Pre-Camp Requirements | Cost |
|-------------------------------|--------------------------|-----------------------------------|--|------------------|
| Archeology | None | 2 nd Year Camper | None | None |
| Archery | None | 2 nd Year Camper | Read pamphlet before 1 st class | None |
| Art | None | Any Scout | 6 | None |
| Camping | Equipment for 7b | Any Scout | 8d, 9a, 9b | None |
| Canoeing | Swimmer classification | Must be able to carry canoe alone | None | None |
| Chemistry | None | 2 nd Year Camper | None | None |
| Chess | None | Any Scout | None | None |
| Climbing | Review MB pamphlet | 2 nd Year Camper | None | None |
| Cooking | None | 2 nd Year Camper | 5c, 5d, 5e, 5f, 7c, 7d, 7e | None |
| Emergency Preparedness | First Aid Merit Badge | 2 nd Year Camper | 2c, 8b | None |
| Engineering | None | 2 nd Year Camper | 4 | |
| Environmental Science | None | 2 nd Year Camper | None | None |
| First Aid | None | 2 nd Year Camper | 1, 2d | None |
| Fishing | May bring equipment | Any Scout | None | None |
| Fly Fishing | May bring equipment | Any Scout | None | None |
| Forestry | None | Any Scout | 1, 7 | None |
| Geocaching | None | 2 nd Year Camper | 7 | None |
| Geology | None | 2 nd Year Camper | None | None |
| Indian Lore | None | Any Scout | Prepare for 1 | None |
| Inventing | None | Any Scout | None | None |
| Kayaking | Swimmer classification | 2 nd Year Camper | None | None |
| Leatherwork | None | Any Scout | None | None |
| Lifesaving | Swimmer classification | 2 nd Year Camper | 1a and Swimming Merit Badge | None |
| Mammal Study | None | Any Scout | None | None |
| Metalwork | Jeans & closed toe shoes | 2 nd Year Camper | None | \$8 material fee |
| Moviemaking | None | 2 nd Year Camper | None | None |

| Merit Badge | Prerequisite | Recommended For | Pre-Camp Requirements | Cost |
|------------------------------|-------------------------------|-----------------------------|--------------------------|------------------------------------|
| Nature | None | Any Scout | None | None |
| Orienteering | None | 2 nd year Camper | None | None |
| Personal Fitness | None | 2 nd year Camper | 1a, 1b, 8 | None |
| Photography | Must bring camera | 2 nd Year Camper | None | None |
| Pioneering | None | Knowledge of knots | None | None |
| Public Speaking | Prepare for 2, 4 | Any Scout | None | None |
| Radio | None | Any Scout | 7 | None |
| Reptile & Amphibian Study | None | Any Scout | None | None |
| Rifle Shooting | None | 2 nd Year Camper | None | None |
| Robotics | None | 3 rd Year Camper | None | Robot Kit (Approximately \$100) |
| Rowing | Swimmer, Expierince Rowing | Any Scout | None | None |
| Salesmanship | None | Any Scout | None | None |
| Scouting Heritage | Prepare for 6 | Any Scout | None | None |
| Shotgun Shooting | 14 years old | 3 rd Year Camper | 1f | None |
| Signs, Signals & Codes | None | 2 nd year Camper | None | None |
| Small Boat Sailing | Swimmer classification | Prior knowledge of sailing | None | None |
| Space Exploration | None | 2 nd Year Camper | None | Rocket Kit |
| Sports | None | 2 nd Year Camper | 4, 5 | None |
| SUP | Swimmer classification | Any Scout | None | None |
| Swimming | Swimmer classification | Any Scout | None | None |
| Textiles | None | 2 nd Year Camper | None | None |
| Weather | None | Any Scout | None | None |
| Wilderness Survival | None | Any Scout | 5 | None |
| Wood Carving | None | 2 nd Year Camper | None | None |
| Woodwork | None | 2 nd Year Camper | None | \$8 material fee |



Camp Resolute

2016 Merit Badge Schedule

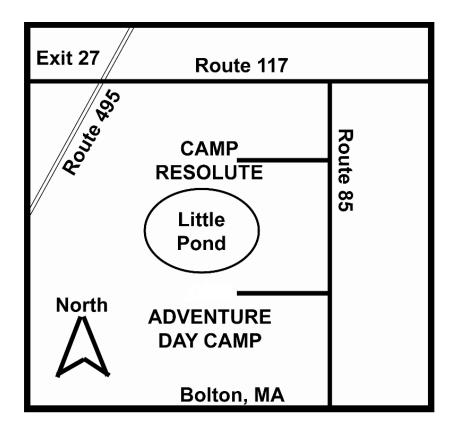
| TIME | SCOUTCRAFT | STEM | RISK (Ecology) | ARTS CENTER | WATERFRONT | RANGES | Trading Post | FIELD SPORTS |
|-------|---------------------|------------------------------|------------------------------|-----------------|-----------------------------|------------------|--------------|---------------------------|
| 9:00 | Wilderness Survival | Chemistry | Forestry | Photography | Canoeing | Archery | | Emergency Preparedness |
| to | Camping | Environmental Science | Reptile & Amphibian Study | Leatherwork | Swimming | Rifle Shooting | | (Rugoletti Pavilion) |
| 9:50 | First Aid | Robotics | | Textiles | Rowing | | | |
| 9:00 | | | | | | | | |
| to | Pioneering | | | | Lifesaving | | | |
| 10:50 | | | | | | | | |
| 10:00 | Camping | Chess | Fishing | Moviemaking | Canoeing | Archery | Salesmanship | Climbing |
| to | Orienteering | Environmental Science | Flyfishing | Woodworking | Swimming | Rifle Shooting | | Personal Fitness |
| 10:50 | | | | | | | | |
| 10:00 | | | | | | | | |
| to | Cooking | | | | Small Boat Sailing | | | |
| 11:50 | | | | | | | | |
| 11:00 | Wilderness Survival | Engineering | Archeology | Music | Kayaking | Archery | | Climbing |
| to | First Aid | Environmental Science | Nature | Woodcarving | Swimming | Rifle Shooting | | Emergency Preparedness |
| 11:50 | | Robotics | | Public Speaking | Rowing | | | (Rugoletti Pavilion) |
| 1:30 | | | | | | | | |
| to | | | | Metalwork | Small Boat Sailing | Shotgun Shooting | | |
| 3:00 | | | | | | | | |
| 2:00 | Geocaching | Drone Program | Mammal Study | Indian Lore | Kayaking | | | |
| to | Scouting Heritage | Inventing | Geology | Art | Snorkeling | Archery | | COPE |
| 3:00 | | Signs, Signals, and Codes | | | Stand Up Paddleboarding* | | | (runs to 4PM) |

*This is an award not a merit badge

What to Bring to Camp

| | Completed BSA Health Form (This should have been done prior to arriving at camp) |
|-------------------|---|
| | Mosquito netting (Available at the Trading Post) |
| | 4-36" dowels for attaching mosquito netting to bunk (Available at the Trading Post) |
| | twine, nylon ties |
| | Mosquito repellant (crème or pump sprayno aerosols!) |
| | Complete Boy Scout uniform |
| | Extra shirts, shorts, socks, jeans, underwearenough for 1 to 2 changes per day |
| | Water activity shoes |
| | Swimsuit (two pair = I to dry + I to wear) |
| | Raincoat/poncho |
| | Sweatsuit/pajamas |
| | Sweater/jacket |
| | Extra sneakers/shoes |
| | Moccasins/slippers |
| | Sleeping bag (3 warm blankets are a good alternative) |
| | Pillow |
| | Mattress cover (twin size works perfectly) |
| | Towels/washcloths |
| | Toiletries (toothbrush, toothpaste, soap, comb/brush, shampooA Scout is Clean!) |
| | Scout Handbook |
| | Pen, pencil and paper |
| | A few trash bags |
| | Flashlight, extra batteries |
| | Sunblock |
| | Length of rope – 15' to 20', and clothes pins |
| | Watch |
| | OA Sash if Order of the Arrow member |
| | Pocket knife |
| | Swimming Merit Badge clothes (long sleeved cotton shirt with collar, jeans with belt) |
| | Pre-Camp Merit Badge requirements |
| $\overline{\Box}$ | Sports team attire for Sports Night |
| Note: F | Please mark all belongings with Scout's full name and Troop # and town. |
| | 6. 6 |
| What N | Not to Bring to Camp! |
| | Aerosol cans of any typethey explode in fires, can cause eye injuries |
| | Bows, arrows, ammunitioncamp will provide when needed |
| | Sheath knivesnot approved for Scout Camps |
| | Any other weaponshould not be needed in Camp |
| | Fireworks of any kindfire/safety hazard, illegal in Massachusetts |
| | Illegal drugs, alcohol, or prescription drugs in improperly/unmarked containers |
| | Double bit axes |
| | Cigarette lighters |
| | Traps |
| | Televisions, radiosiPods with headphones are permitted |
| | Cell phones |
| | Anything of real or sentimental value |
| _ | 7 my aming of real of Schamental Value |

Directions to Camp Resolute



From Route 495 take Exit 27 to Route 117 East heading towards Stow. Take the first right which will be Route 85 South. Follow Route 85 2/10's of a mile and turn right at the entrance sign to Camp Resolute.

For Adventure Day Camp proceed another I/I0 of a mile South beyond the above entrance and turn right at the entrance sign to Cub Adventure Day Camp.



Camp Resolute Parental Authorization Form

Compliance with Massachusetts State Law regarding Authorized Use of Firearms by a Minor

The Knox Trail Council adheres to all applicable laws and operates under the governance of BSA National Standards as well as MA State Health Code. As a part of the Boy Scout Program the council operates several safe shooting sports ranges for Scouts to participate in rifle shooting, shotgun, and archery. In order to satisfy Mass General Law Chapter 140 section 130 the council requires parental permission to participate in such activities. Mass General Law Chapter 140, Section 130 stipulates the following:

Furnishing Child 15 or older with Rifle, Shotgun and Ammunition

"Nothing in this section shall be construed to prohibit an instructor from furnishing rifles or shotguns or ammunition to pupils; provided however that said instructor has the **consent of a parent or guardian of a pupil under the age of 18.**"

The pupil must be under the direct supervision of a person (the range instructor) holding a valid Firearms Identification Card or a License to Carry Firearms.

Photo Release Statement

I hereby assign and grant to the Knox Trail Council the right and permission to use and publish the photographs/film/video tapes/electronic representations and/or sound recordings made during my son's visit to Camp Resolute by the Knox Trail Council, and I hereby release the Knox Trail Council, Boy Scouts of America from any and all liability from such use and publication. I hereby authorize the reproduction, sale, copyright, exhibit, broadcast, electronic storage and/or distribution of said photographs/film/video tapes/electronic representations and/or sound recordings without limitation at the discretion of the Knox Trail Council and I specifically waive any right to any compensation I may have for any of the foregoing.

| | I hereby authorize my child to participate in all events during summer camp including (if age appropriate use of the shooting sports program areas (for rifle and shotgun under supervision of a FID instructor) and I agree to the Photo Release Statement outlined above. |
|---------|---|
| | I do not authorize my child to participate in shooting sports activities. However, my child is authorized to participate in all other events and activities of the camp and I agree to the Photo Release Statement outlined above. |
| Scout's | Name |
| Troop | umber Town |
| Parent | Guardian Signature: |
| Date: _ | |
| | |

This form is required for every Scout and must be turned in along with the camp medical form.

Campers' Bill of Rights

Dear Camper:

We want to make sure that your stay at camp is a pleasant one, and that you will carry home lots of great memories of your time at Resolute. Your troop's camp leader and resident staff will help you in every way they can to make this a great experience. But we need <u>your</u> help, too. Therefore, we have written up a few rules which you should follow while in camp.

- I. The Scout Law is the law of the Camp. We mean it!
- 2. Wherever you go or whatever you do, go with a buddy...never go by yourself.
- 3. Leaders and staff are permitted to inspect your tent for cleanliness, but otherwise, your tent is yours and your friend's, and no other boy or adult has the right to stay with you in your tent. You should sleep only in your tent or in the Camp Health Lodge if you are sick.
- 4. Obey the instructions given by adult leaders and staff at all times, providing they are not in conflict with your own values and beliefs.
- 5. Be polite and courteous to other Scouts, leaders, and staff at all times. Say "Hi" when passing them on the trail.
- 6. Respect your body. Only Camp Medical Personnel are allowed to touch you when an illness or medical problem requires treatment.
- 7. When caught breaking a rule, you have the right to a fair hearing. But once your leaders have heard you, you are to accept disciplinary action without argument.
- 8. When participating in certain activities, always wear protective or safety equipment prescribed for that activity.
- 9. If you feel abused or misused by an adult, report this immediately. At the Administration Building, ask for "Rick."
- 10. Some other rules will be explained during your Sunday camp orientation and will be posted in your site.
- 11. The Scout Law is the law of the Camp. We mean it!

The CIT Program

Being a CIT

You have decided to work at camp as a CIT, but you don't know what one is. Your job in camp is to learn how to be a counselor so you can return to camp in subsequent years and become a paid member of the camp staff. During this summer, you will go through many different types of training. From hands on work in the Ecology area to class planning to organizing camp activities, it will all help you to learn what being on staff is really like.

There are many objectives in the CIT program, and when camp is over, we hope you will have learned many important things. We hope to teach you:

- How to be a leader
- The operating procedures of the camp
- The role each staff member plays in camp
- How the camp is run by the Scout Oath and Law
- How each staff member is responsible for the success of the camp season
- How the program at Resolute works
- Teamwork
- Increased awareness of your own values
- How your values relate to camp

We can teach you how to be the best staff member possible, but we can't make you learn. It's up to you to make this a great experience. Set goals for yourself and don't stop until you achieve them. Make this summer count. Be ready for a summer of helping others and yourself. All you need is an open mind and your best effort.

Expectations of a CIT

As a hopeful future staff member, it is very important that you present yourself with a certain level of respect and decorum. While we all want to have a good fun time, it's important to remember that as CITs you are looked upon as a responsible role model within camp and in scouting. The expectations that you set for yourself should be high and work in upholding the Scout Law, Oath, and the CIT Code of Conduct.

- When wearing your uniform, make sure that you do so properly and with the respect that it deserves.
- Always make sure to be ready to go at the beginning of the day, and make sure that you get
 plenty of sleep. You need to always be ready to perform your responsibilities at the drop of
 a hat.
- Remember that a scout is clean. Make sure that you shower regularly and that you keep your living space tidy and neat.
- Respect your follow CITs, campers, and staff members. Make sure to keep your conversations proper for the camp setting and appropriate to your surroundings. Younger scouts WILL look up to you.
- Pay attention during trainings and take notes to make sure that you remember what is being taught. They are useful both in camp and school. Projects assigned by the director are there to help you learn the skills that you are here to develop.
- Approach the program positively and ready to learn. This is not just a chance to spend three weeks at camp. We expect you to participate, learn, and grow as individuals.
- It is a co-educational program and we want all of our CITs to be comfortable and safe in the group. Pay attention to your demeanor.

Teaching a Skill

"Two conditions of teaching are: (I) That no one can teach more than he knows; (2) That no one can teach faster than the scholar can learn."

-Ralph Waldo Emerson

There are five basic steps in teaching a Scouting skill:

1. Preparation

The first step in teaching a skill is to obtain the essential equipment and supplies in sufficient quantity so that the skill can be demonstrated, taught and practiced. For demonstration and teaching purposes, simulated or makeshift equipment is never adequate.

2. Explanation

The explanation serves two purposes: (1) to introduce the subject and give some background about its usefulness and application; (2) to describe the subject in detail, technical enough to be complete but not confusing.

The explanation should create a desire to become proficient in the skill. Unusual facts or illustrations arouse interest and create appreciation of the value of learning the skill.

3. Demonstration

This is the showing process. It is the first step in actual teaching. The demonstration should be done so well and simply that the student will have confidence in his own ability to achieve success. Demonstration of a skill is not the opportunity for the teacher to show her/his proficiency, but should be used primarily to show the steps in acquiring the skill.

4. Practice

Hearing and seeing are not enough. The learning process begins to finalize itself when students have the opportunity to try to do the skill themselves under the guidance of the instructor. The coach and pupil method works well here. Nothing can beat the "learning by doing" method.

5. **Teaching**

We often learn best those things we teach others. Whenever possible, each student should have the opportunity to demonstrate and practice teaching others. Occasionally, a summary review and examination is desirable. The extent to which they are used depends on the type of skill and how well the student has learned.

Scouting's EDGE

| Explain how it is done. | |
|--|-------------|
| Demonstrate the steps. | |
| G uide learners as they practice. | |
| Enable them to succeed on their own. | |
| | |
| | |
| | Aims |
| | |
| Character development | |
| Citizenship training | |
| Mental and physical fitness | |
| | and Methods |
| Ideals | |
| Patrol method | |
| Outdoors | |
| Advancement | |
| Association with adults | |
| Personal growth | |
| Leadership development | |
| Uniform | |
| | of Scouting |
| | of Scouting |

Giving a Demonstration

There is a difference between just using a skill and demonstrating it so others can learn. A few suggestions:

1. Prepare for the demonstration

- a. Plan it to appear as natural as possible, even if you cannot perform the skill exactly as you would in use.
- b. Collect and prepare the needed equipment.
- c. Size up your audience to determine their present knowledge of the skill and how much detail you ought to give them.
- d. Think through and possibly make notes on the comments needed to explain the action.
- e. For a long demonstration, write down an outline of the steps.

2. Give the demonstration

- a. Briefly tell your audience the major points to watch for.
- b. Adjust your speed to the difficulty in learning various steps, and go slower at the start of the demonstration than at the end.
- c. Watch for the learners' reaction and fit the amount of detail and pace of action to them.
- d. If necessary, repeat difficult or important steps, either as you go along or after all steps are completed.
- e. If you warn against the wrong way by showing it, always demonstrate the right way both before and after the wrong way.

3. Summarize the demonstration

- a. Briefly review the important steps in order.
- b. Give your audience a chance to ask questions or better a chance to practice while you coach.

Song Leading

Singing Scout songs is fun and learning to sing and lead them is an important part of your staff assignment.

Songs are a "natural" for troop activities, hikes, on the trail, campfires, and most every Scout occasion.

Songs will create enthusiasm and set a mood for your activity as nothing else can. Every staff member will have the opportunity to be a song leader. Following are some "hints" to help you do a better job when you have the opportunity to lead a group in singing.

- 1. Relax You don't have to be a professional singer or the director of a symphony to lead songs.
- 2. **Use simple directions** Simple up and down motions with one or both hands to fit the beat of the song. With practice, you can develop a style of your own.
- 3. **Keep it simple** For the first song you lead, choose one that is simple and well known by the group. Try an old favorite as a warmer-upper.
- 4. **Select in advance** Select your own songs in advance. Make sure you know them well enough to teach them with ease. Keep in control at all times.
- 5. **Set the pitch** by humming or singing a few bars.
- 6. **Get the proper key** and the whole group will sing easily. If you are too high or too low, stop the song. Get the correct pitch and start over.
- Don't shout Loud singing in good spirit is fine, but a group shouting a song to make noise will soon get out of hand.
- 8. Never ask them what they want to sing You will receive too many suggestions and soon become confused.
- 9. **Be enthusiastic** Wear a smile as you lead your songs. The way you are feeling will soon catch on with the group you are leading.
- 10. **Follow the mood** especially at campfires. Begin with lively songs while the flames leap high. As the fire dies down, sing quiet songs. Close campfires, dining hall programs, songfests with a patriotic or inspirational flavor.

DAILY SCHEDULE

MEAL TIMES: Breakfast: 7:00am to 8:00am Lunch: 12:15pm Dinner: 5:30pm

| | | · |
|-----------------|------------------|---|
| SUNDAY | 10:00am | Staff arrives |
| | 10:30am | Staff meeting in dining hall (ALL staff in camp, dressed in Team Resolute Polo) |
| | 12:00pm | Lunch |
| | I:00pm | All Troops and Staff meet at Front Gate for Opening |
| | 1:05pm | Intro on Dining Hall. Take swim tests and health check. |
| | 1:30pm | Camp Orientations (Swim Tests, Dining Hall Prep, Range Orientation, Camp Tour) |
| | 5:00pm | Troop Photos Over |
| | 5:45pm | Formal Parade and Retreat |
| | 6:00pm | Dinner |
| | 7:00pm | Camp Leadership Meeting |
| | 7:45pm | All Camp Meeting on Parade Field followed by Waterfront Orientation |
| | 8:15pm | Opening Campfire |
| | 10:00pm | Taps |
| | 11:00pm | Staff Lights Out |
| MONDAY - FRIDAY | | • |
| | 7:00am | Polar Bear Swim |
| | 7:00am | Reveille |
| | 7:00am | Breakfast Buffet Begins |
| | 8:00am | Breakfast Buffet Ends |
| | 8:15am | Resolute Good Turn/Site Clean-Up |
| | 8:40am | Morning Colors |
| | 9:00am | First Merit Badge Period |
| | 10:00am | Second Merit Badge Period |
| | 10:00am | Leaders' Meeting |
| | II:00am | Third Merit Badge Period |
| | 11:50am | Program Areas Closed |
| | 12:00pm | Lunch Buffet Begins |
| | 1:00pm | Lunch Buffet Ends |
| | I:00pm | Siesta |
| | 2:00pm | Fourth Merit Badge Period |
| | 3:00pm | Afternoon Activity Period |
| | 4:00pm | Open Program, Free Swim |
| | 4:45pm | Troop Time |
| | 5:15pm | Waiters Report to Dining Hall |
| | 5:15pm | Colors |
| | 5:30pm | Dinner |
| | 6:45pm | Camp Wide Program |
| 1 116.2 | 10:00pm | Taps |
| In addition | | A second |
| MONDAY | 6:45pm | Aquatics Meet |
| TUESDAY | 6:45pm | Vespers (remember a Scout is Reverent) |
| \A/EDNIECDAY | 7:00pm | Troop Night |
| WEDNESDAY | 6:45pm | Resolute Challenge |
| THIRDDAY | 8:15pm | Order of the Arrow Social |
| THURSDAY | 6:45pm | Little Pond Triathalon |
| FRIDAY | 2:00pm | Apache Relay |
| | 3:15pm | Leader's Meeting & Paperwork Processing |
| | 4:45pm 5:30pm | Troop Awards in Campsites |
| | 5:30pm 6:45pm | Family Chicken BBQ Formal Parade and Retreat |
| | 6:45pm 7:00pm | Closing Complies |

7:00pm

Closing Campfire

Suggested Clothing and Equipment Checklist

| No. | Check | ltem | | |
|--------|-------|----------------------------|---|--------------------------------|
| 1 | | Signed Physical Exam Form! | | |
| 1 | | Footlocker (with lock) | | |
| 1 | | Heavy jacket | | |
| Ì | | Light jacket | | |
| 1 | | Scout related baseball hat | | |
| l pr. | | Hiking Boots | | |
| l pr. | | Shoes/hard soled moccasins | | |
| l pr. | | Sneakers | | |
| 7 pr. | | Cotton socks | | |
| 4 pr. | | Wool socks | | |
| 8 pr. | | Underwear | | |
| 7 | | T-shirts | | |
| i | | Poncho or raincoat | | |
| i | | Sweatshirt | | |
| i | | Sweater | | |
| 2 | | Swimsuits | | |
| 4 | | Towels | | |
| 4 | | Washcloths | | |
| i | | Toothpaste | | |
| i | | Toothbrush | | |
| 4 bars | | Soap | | |
| I | | Shampoo | | |
| i | | Comb/Brush | | |
| i | | Fingernail clipper | | |
| • | | Shaving equipment | | |
| 1 | | Wristwatch | | |
| l pr. | | Sunglasses | | |
| l pr | | Knapsack | | |
| 2 pr. | | Scout shorts | | |
| 2 | | Scout shirts | | |
| 3 pr. | | Scout socks | | |
| 4 pr. | | Shorts | 1 | Flashlight |
| 4 | | Shirts | • | Paper &Pens |
| 4 pr. | | Pants | 1 | Handbook |
| l | | Laundry bag | i | Sewing Kit |
| 5 | | Clothes hangers | i | Pocket knife |
| Ĭ | | Alarm clock | i | Insect Repellent (non-aerosol) |
| i | | Sleeping bag | • | mseet repellent (non del osol) |
| 2 | | Twin size sheets | | |
| 2 | | Pillow cases | | |
| I | | Pillow | | |
| 2 | | Blankets | | |
| _ | | Diaminetti | | |

Campfire Skit List

Here's a list of some of the songs, skits, and cheers we've done over the past few years in no particular order for reference.

Banana Cheer Froggy Banana - Bandana Charlie on the MTA Potato Cheer Honey Bee Kool Kat **Sherlock Holmes OM Store** Invisible Bench Cat Came Back **Bunny Foo-Foo** America America Chicago Fire Hans Rattlin' Bog A Suitor Comes to Call It's a Lie No Fishing There Mermaid Song Bell Ringer 2nd Story Windows Crossing the Delaware Darksucker God Bless America Chip Chop Lab Test\Cat Scan Stew Skit Prinderella and the Cince Japutcha If I Were Not a Boy Scout Hawaiian Punch **CPR Skit** Chicken Crossing the Delaware Penguin Song

Hygiene My Name is Joe **Props** An Austrian Went Yodeling Chariots of Fire Silver Fox Axe in the Wood I'm a Nut Candy Store Cremation of Sam McGee Ditch The Unlucky Man Head and Shoulders Tankity Tank Shoe Swami Medicrin Orchestra Song **Sherlock Holmes** Tree Climber Railroad Tracks Pajama Song Rain Cheer Boom Chicka Boom Mt. Dew No Fish **Enlarging Machine** Baking a Cake Rough Riders Greek Water Walrus Song Our Paddles Cat Came Back Tomato Skit **Topknotcher** Da Moose Da Moose

Camp Emergency Procedures

FIRE - Send two runners immediately to the camp office with the following information:

- I. The location of the fire:
- 2. The type of fire;
- 3. The severity of the fire;
- 4. And, what type of personal injury has occurred if any.

When fire call is sounded on the loudspeaker system, all Scouts, leaders, and visitors should report immediately to the Parade Field and await instructions from a staff member. A runner will be sent to the camp office with a head count as soon as it is safe to do so. DO NOT GATHER ON THE BLACKTOP IN FRONT OF THE DINING HALL AS EMERGENCY VEHICLES WILL BE TRAVELING THROUGH THAT LOCATION - STAY BACK FROM THE CAMP ROAD AFTER REACHING THE PARADE FIELD UNLESS DIRECTED OTHERWISE BY A STAFF MEMBER.

LOST SWIMMER - The waterfront will be cleared immediately. Some adults may be requested to assist. At the sound of the Lost Bather Alarm, all Scouts, and unit leaders will report to their campsite where attendance will be taken by the unit leader. The unit leader will notify the camp office immediately, by runner or cell phone, of any missing personnel. The camp office will continue the Lost Bather Alarm until such time as the missing swimmer is located.

LOST CAMPER - The unit leader will report any suspected lost camper to the camp office. The camp staff will then institute the appropriate search procedures.

EXTREME HEAT - In the case of extreme heat, the camp administration will declare a heat alert and program activities will be adjusted accordingly. Unit leaders and Scouts are reminded to watch for symptoms of heat exhaustion and sunstroke. Watch especially for Scouts wearing inappropriate clothing and/or not taking adequate amounts of fluid.

LIGHTNING OR SEVERE STORMS - The waterfront will be cleared immediately. All watercraft will return to shore. Scouts will report to their campsites unless otherwise instructed by a staff member. Avoid open fields. Any other needed instructions will be issued by the camp office.

NATURAL DISASTER (EARTHQUAKE, FLOOD, ETC) - In the event of a natural disaster all Scouts and adults should remain in the activity area they are in or go to the nearest campsite and await instructions from a staff member. If this is the area that is affected then all personnel should move to the nearest safe area and await instructions.

WILDLIFE – Campers, staff and visitors are cautioned to avoid contact with wildlife on the reservation at all times. Any injury caused by contact with wildlife must be reported to the Camp Medical Officer as soon as possible. The Camp Medical Officer will notify the Camp Office and the necessary local authorities as required.

MAJOR ACCIDENTS & DEATH - In the event of a major accident or death, the following staff personnel are to be notified by reporting the accident to the camp office by runner or cell phone: the Camp Director, the Assistant Camp Director, the Program Director, and the Camp Medical Officer.

CHILD ABUSE - The Camp Director must be notified of any incidence of child abuse. The report must include as much supporting information as possible. The report is to be kept confidential. Tell only those who have a need to know. Above all, protect the dignity and privacy of the victim.

CHEMICAL SPILL - In the event of a chemical or hazardous waste spill, a person should be stationed to keep all campers or visitors away from the spill and the camp office must be notified by runners or field phone.

Important Information

The following information is serious and should be taken by the CIT as such. Failing to follow these rules will result in the strongest possible response.

Alcohol:

Possession, consumption, or being under the influence of alcohol by anyone will not be tolerated in camp.

Drugs

Possession of, or usage of any illegal drugs by anyone will not be tolerated in camp.

"The Knox Trail Council supports all local laws, codes, and ordinances of the government bodies in those territories which we operate our facilities. In addition, the council supports the national council BSA policy on drugs."

That policy is as follows:

"If you are engaged in any form of drug abuse, no matter how mild, you should remove yourself immediately from the camp staff position immediately. It is better to do this now than make yourself subject to dismissal later. Regardless of your views about the use of drugs, the Boy Scouts of America will not permit anyone who is misusing them to remain in camp on staff."

Also, it may be stated that a staff member is not permitted the liberty of expressing his or her views on illegal drug use to Scouts and Scouters when, in fact, those views are contrary to the councils' policy. Scouts and Scouters alike are strongly influenced by the attitudes and opinions of the staff member.

Child Abuse:

It is against the law to abuse a camper or another staff member. Abuse can be described as neglect, emotional, verbal, physical and sexual. If abuse is suspected, each staff member has a <u>responsibility</u> to report that suspicion to the Camp Director immediately. DO NOT ATTEMPT TO DEAL WITH IT YOURSELF. (See section on Campers Bill of Rights)

The camp has procedures in place which protect campers from abuse and neglect while in the camp's care and custody.

The camp has developed these procedures for reporting of any suspected incidents of child abuse and neglect in accordance with procedures described in M.G.L. c. 119, § 51A. The procedures include:

- 1. All staff shall immediately report any suspected child abuse or neglect. The report shall be made to the camp director.
- 2. The camp director shall immediately report suspected abuse or neglect to the Massachusetts Department of Social Services.
- 3. The camp director shall notify the board of health if a 51A report alleging abuse or neglect of a child while in the care of the recreational camp for children or during a program related activity is filed. The 51A report itself shall not be forwarded to the Board of Health.
- 4. The camp will cooperate in all official investigations of abuse and neglect alleged to have occurred at the camp, including identifying parents of campers currently or previously enrolled in the camp who may have been in contact with the subject of the investigation.
- 5. The operator shall ensure that an allegedly abusive or neglectful staff person does not work directly with campers until the Massachusetts Department of Social Services investigation is completed.

CIT Code of Conduct

- 1. I will be guided by the Scout Oath and Scout Law and will obey all U.S. federal laws, as well as local and state laws.
- 2. I will set a good example by keeping myself neatly dressed and presentable.
- 3. I will attend all scheduled programs and participate as required in cooperation with other CITs and my director.
- 4. I agree to follow the camp check-in and check-out procedures and to observe camp quiet hours.
- 5. I will be responsible for keeping my quarters and personal gear labeled, clean, and neat. I will adhere to all camp recycling policies and regulations. I will do my share to prevent littering of the campgrounds and agree to follow the principles of Leave No Trace.
- 6. I understand that the possession or consumption of alcoholic beverages or illegal drugs or misuse of prescribed drugs is prohibited at camp. Suspicion of alcohol consumption on camp property will be grounds for immediate expulsion.
- 7. Serious and/or repetitive behavior violations including use of tobacco, cheating, stealing, dishonesty, swearing, fighting, and cursing may result in termination or disciplinary action.
- 8. I understand that gambling of any form is prohibited.
- 9. I understand that possession of lasers of any type and possession or detonation of fireworks is prohibited.
- 10. Neither Camp Resolute nor the Knox Trail Council will be responsible for loss, breakage, or theft of my personal items. I will label all my personal items and check items of value at the direction of staff leaders. Theft on my part will be grounds for termination of the CIT program and expulsion from camp.
- 11. I will use camp equipment in a safe manner and for its intended purpose and will return the equipment in good condition.
- 12. I understand that campers are prohibited from having firearms and weapons in their possession or on camp property, in accordance with U.S., local, and state laws.
- 13. I understand the importance of following BSA's Youth Protection and safety policies and will follow those guidelines and report all violations that come to my attention.
- 14. Hazing has no place in Scout camp, nor does running the gauntlet, belt lines, or similar physical punishment. As a CIT I agree to prevent and stop all hazing activities.

- 15. I will respect diversity---whether the differences are in physical characteristics or in perspectives.
- 16. I have the responsibility not to engage in behavior that constitutes discrimination or harassment in any way, including race, color, national origin, sex, religion, age, disability, or citizenship of an individual. This applies to everyone, including fellow CITs, campers, adult leaders, parents, and outside vendors.
- 17. I have the responsibility to report instances of discrimination or harassment (directed at me or at others) to the CIT director.

I will comply with this Code of Conduct and the policies printed in the *CIT Manual*. Any violation may result in expulsion from the camp at my own expense. I understand that all such decisions will be final.

Leadership

Leadership is an art that an individual or group of individuals may foster and develop to achieve their aims or the aims of the body they are affiliated with. One must always work at being a better leader, for no one is a "born leader." Even those who have a natural confidence and charisma must learn through practice and experience how to lead successfully. One can never be a complete leader, but we must all strive to BE ALL THAT WE CAN BE!

Thoughts for contemplation

Leadership

"A sense of humor is part of the art of leadership, of getting along with people, of getting things done."

- Dwight D. Eisenhower

Argument

"In a heated argument we are apt to lose sight of the truth." - Publilius Syrus

Buck Passing

"One must never excuse oneself by pointing to the soldiers." - Blaise Montluc

Competition

"Don't fight a battle if you don't gain anything by winning." - Gen. George S. Patton, Jr.

Confidence

"You have to have confidence in your ability, and then be tough enough to follow through."
- Rosalynn Carter

New Ideas

"The best way to have a good idea is to have a lot of ideas." - Dr. Linus Pauling

Involvement

- "Tell me and I'll forget; show me and I may remember; involve me and I'll understand."
- Chinese Proverb

Goals

"If you don't know where you are going, you will probably wind up somewhere else."

- Dr. Lawrence J. Peter



The Scout Law & You

Each staff member has specific duties and responsibilities, but all staff personnel share in the duties of others whenever and wherever necessary.

The principles set forth in the Scout Oath and Law are the principles that guide every endeavor and action in camp. Camp staff become the prime motivators in exemplifying this way of life to each Scout in camp.

Many persons have set aside a moment each day to review silently their contributions to their fellow men and women. This practice may well be a part of every staff member's day.

A SCOUT IS TRUSTWORTHY. Through your life as a CIT you will find that trust and success go hand in hand. The camp has specific requirements outlined for its personnel. Your Camp Director will entrust to you duties and responsibilities related to your assignment. Your very attitude in taking on an assignment is directly reflected on the Scouts with whom you deal.

A SCOUT IS LOYAL. Loyalty to the camp and to your associates is essential to the requisites for each staff member. You should constantly be observant and concerned about matters affecting the total harmony of the camp and bring such matters to the attention of the Camp Director.

A SCOUT IS HELPFUL. It begins with an attitude of helpfulness to the newly arrived Scout and his family. Apart from the services rendered, that first impression of helpfulness means so much.

A lone Scout's problem, if observed by you, becomes your problem until you have brought it to the attention of his Scoutmaster or the Camp Director. Every assistance you may give is one more guarantee that the Scout will have a happy stay in camp.

A SCOUT IS FRIENDLY. As you pass a Scout or leader on the trail, even if you've never met, say "Hi!" A friendly word costs nothing, yet gives so much good will. Be a friend to all, not just a clique of buddies. Be a brother to all.

A SCOUT IS COURTEOUS. You represent the Boy Scouts of America as you deal with boys, leaders, parents, or the public. In your visits to nearby towns, you represent the camp, and this implies a certain code of personal conduct that will reflect credit upon you, the camp, the council, and the BSA.

A chief factor in the personal health and welfare of the staff member is in establishing regular and adequate hours for sleep. Staff should maintain an appropriate sleep schedule. Be courteous to the staff member who needs to go to bed even earlier than you.

A SCOUT IS KIND. Kindness is often interpreted in its relationship to animal life. Show boys how to be thoughtful to the animals in your camp. Kindness and consideration for others, however, is of even greater importance.

A SCOUT IS OBEDIENT. A staff member carries out his/her responsibilities to perfection and responds to direction of supervisors and the Camp Director. This does not call for unquestioning obedience, but it does call for personal trustworthiness and a loyalty to the camp and its director. If you have something on your mind, get it off quickly to the right person -- your supervisor or the Camp Director.

A SCOUT IS <u>CHEERFUL</u>. A happy camp and a spirited camp is a successful camp. Happiness is contagious, particularly in a Scout camp. No one is in a better position to promote and stimulate this attitude than you. Each staff member, regardless of position, should take it upon him/herself to motivate and give an outlook of cheerfulness and happiness in the minds of all.

A SCOUT IS <u>THRIFTY</u>. Each staff member should consider his/her responsibilities in protecting and conserving the equipment, physical property, and resources of the camp. You are in a position to save thousands of dollars that might have to be used to replace or repair damaged property.

A SCOUT IS <u>BRAVE</u>. This summer you represent the largest organization for boys in the world, and you are an employee of one of the finest camps in the world. You represent Scouting in all aspects. You believe in the Scout Oath and Law; otherwise, you wouldn't, or shouldn't, be here.

A SCOUT IS <u>CLEAN</u>. Your personal living quarters are to be an example of cleanliness and orderliness. It is obvious that if your quarters are disorderly or dirty, campers can hardly be expected to do better. Get a haircut when needed, and keep your hair clean, neat and combed.

A SCOUT IS <u>REVERENT</u>. Being faithful in his/her religious duties becomes of great importance to us as camp staff members because of the force our example has in molding the attitudes of those who look to us as the inspiration for right attitudes and high ideals.

